

# (PERSONALITY DISORDERS) NURSING CARE PLAN

## Medical Diagnosis: Personality Disorders

Subjective Data:	Nursing Intervention (ADPIE)	Rationale
<ul style="list-style-type: none"> <li>• Desire to be in control over people</li> <li>• Difficulty disagreeing with others</li> <li>• Low self-esteem or lack of confidence</li> <li>• Envy of others</li> <li>• Easily influenced by others</li> <li>• Feelings of emptiness</li> <li>• Anxiety</li> <li>• Lack of interest in activities or relationships</li> </ul>	Assess the client's neurological status	Determine if there are other conditions present and get a baseline
	Observe and identify behaviors and set clear limits with consequences	Helps to set and maintain structure and limits that develop feelings of security and safety
	Be consistent when interacting with the client and in routine care	Changes in consistency threaten the structure of care and open up the opportunity for the client to use manipulative behaviors or tactics. The client may be resistant to change, so consistency helps encourage new thought processes.
<b>Objective Data:</b> <ul style="list-style-type: none"> <li>• Poor control of money</li> <li>• Inability to discard worthless/broken objects/hoarding</li> <li>• Clingy or submissive behavior</li> <li>• Shyness</li> <li>• Arrogance</li> <li>• Lack of remorse</li> <li>• Lying or stealing</li> <li>• Hostility, aggressive behavior</li> <li>• Odd or eccentric behavior</li> </ul>	Approach and interact with a calm, respectful, supportive and stable attitude	Personal insecurities or emotions can cause tension or power struggles with the client. Professionalism helps improve the client's treatment and therapy and avoid negative behaviors.
	Discuss with the client their plans and goals; help distinguish between positive, realistic goals and unrealistic goals	Help the client regain control of reality and become more focused.  Helps the client understand their capabilities. Set realistic, short term goals for the client and offer recognition for attaining those goals  Helps the client realize their abilities and limitations. Encouragement improves self-esteem and cooperation.
	Provide realistic feedback and evaluations	Manipulative behavior may ensue without honest, realistic interpretations of behavior or therapy progress and may negatively impact the treatment. Helps discern areas of improvement and areas that still need work
	Enforce limits and consequences, and discourage hostile or aggressive behaviors	Helps reinforce the structure and discourage inappropriate behaviors. Maintains the safety of clients and others.
	Discuss alternative ideas or ways of thinking	Helps the client develop coping skills for emotions or feelings

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	Monitor and encourage positive social interaction with others in a safe environment	Help clients develop positive social skills and healthy interactions. Offers an opportunity to learn new ways of dealing with social situations.
	Teach clients relaxation techniques and deep breathing exercises	Help clients control anxiety and manage situations independently to reduce symptoms.
	Provide resources and support for family members	Help family members learn to cope with the effects of the client's disorder and develop effective communication skills.